



EARLY HELP IN THE DISTRICT OF VIERSEN

Counselling for parents, expectant parents and families with children aged 0 to 3 years

Do you feel unsure about your child or have questions about topics such as

- development
- nutrition
- sleeping
- (challenges in) everyday family life?

Together we will look for suitable help for you and your family. The counselling sessions are free of charge, confidential and subject to professional secrecy.

Please feel free to contact me.

Nina Becker Network Coordination Early Help
02162 39-1869
nina.becker@kreis-viersen.de

Dedicated family health and paediatric nurses are on hand to help and advise you as a family.

The free consultation can take place over the phone or at your home.

If you live in Brüggen, Grefrath, Niederkrüchten, Schwalmthal or the town of Tönisvorst, please drop by one of the locations for open consultation hours in the family centres and paediatric practices:



You can also find many other offers in our online portal "Guter Start Kreis Viersen" at: Guterstart.kreis-viersen.de

For translations please scan the QR code:



An offer of the district of Viersen in co-operation with:



Mit finanzieller Unterstützung durch:



Gefördert vom:

